



## All solutions in one place



1. Install the mySugr app



2. Pair your meter



3. Share data with your doctor

**We want to support you in simplifying your diabetes management.**

With just one single Accu-Chek account, you can now access your health data, share it with your healthcare professional and maintain transparency over your health journey.

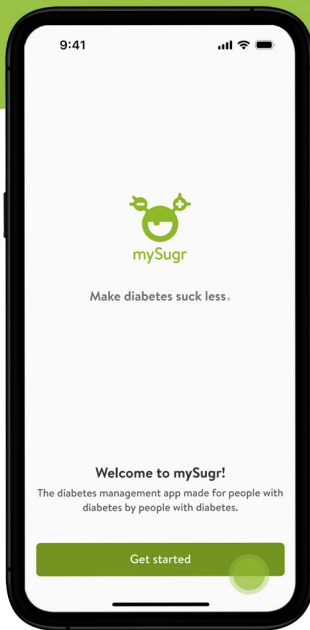
**Download the mySugr® app**

It's easy. Scan the code with your phone to download, then use your email to create an account.



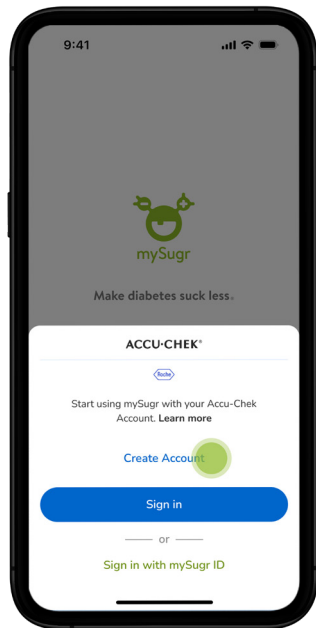


## Install the mySugr app and create your account



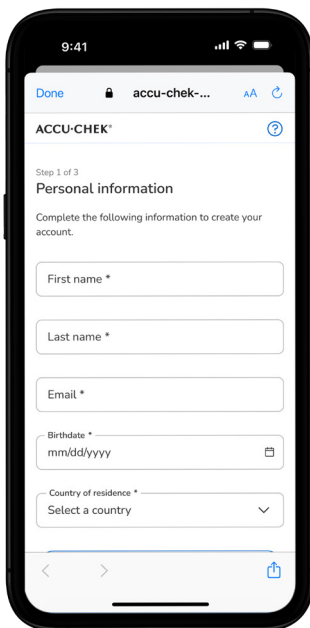
1

After you downloaded the mySugr app from the App Store, tap on **“Get Started”** to create your account.



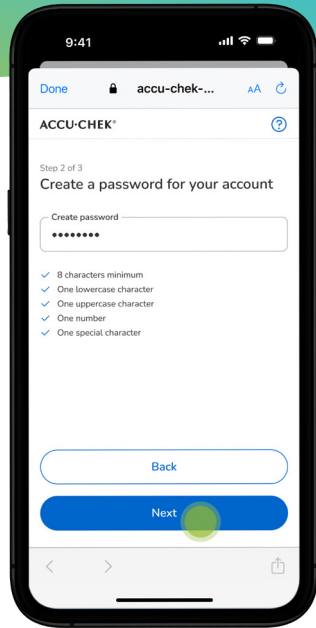
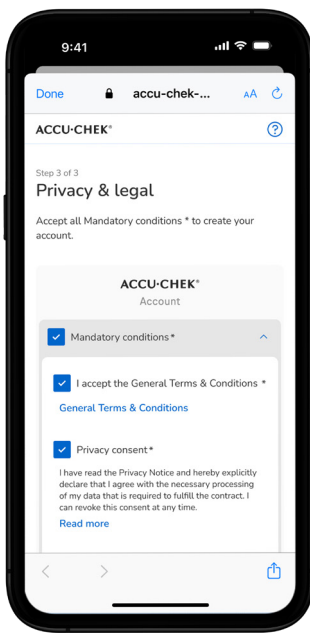
2

In the next step, tap on **“Create Account”**.



3

You will be presented with a screen that prompts you to fill in your personal details. Once that step is done, tap **“Next”**.



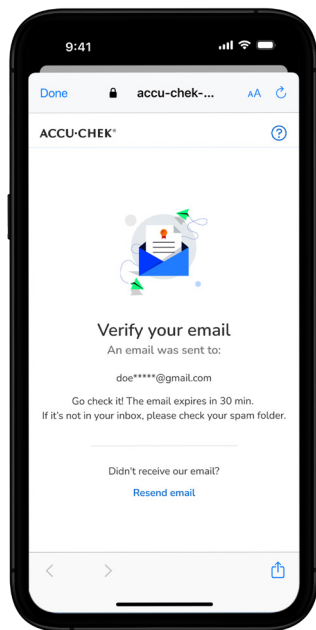
You are then required to set up a password. Once that is completed, tap **“Next”** once again.

4

The next screen will provide you with Terms & Conditions, and optional consent for marketing and product improvement purpose.

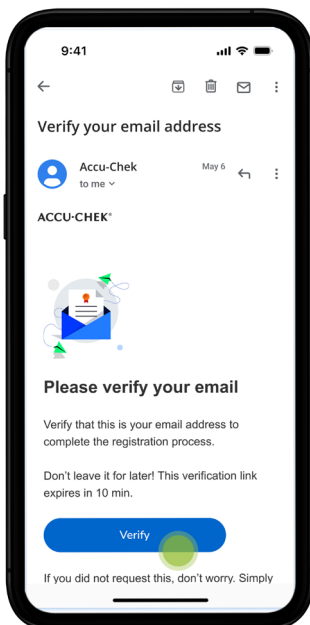
5

Please read through them and accept those that are relevant for you.



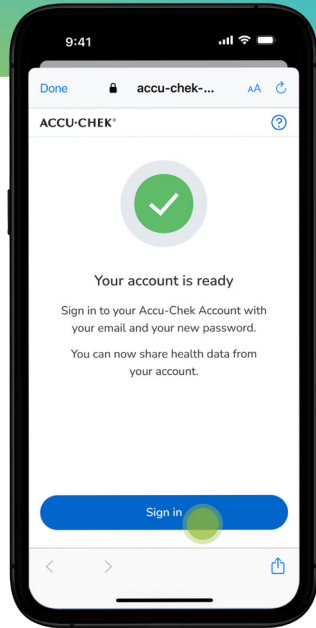
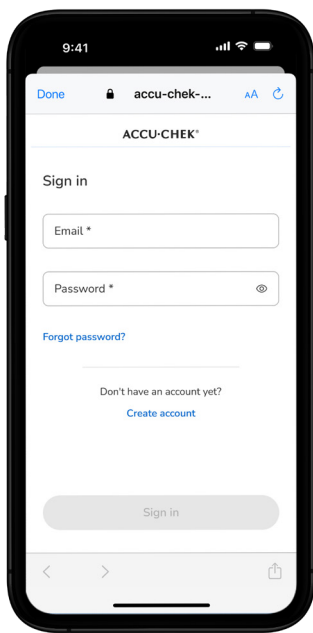
A verification link is shared via email.

6



Verify your email via the shared link. Return to the mySugr app to complete setting up your account.

7



8

Your account set up is now complete.

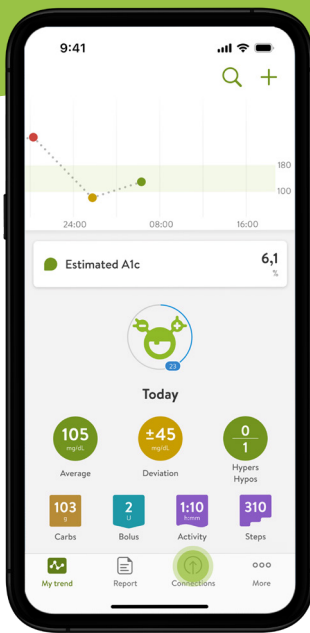
9

### **Congratulations!**

You can now sign in with your newly created details to access your mySugr account.

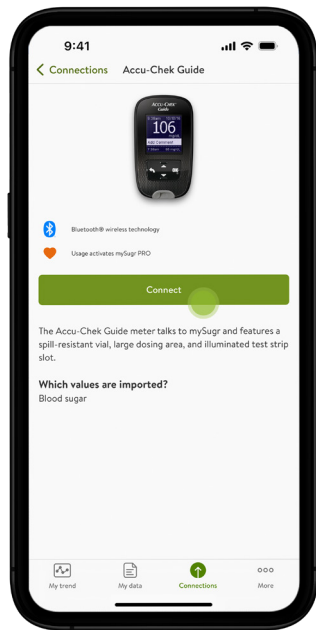
B

## Pair your Accu-Chek blood glucose meter



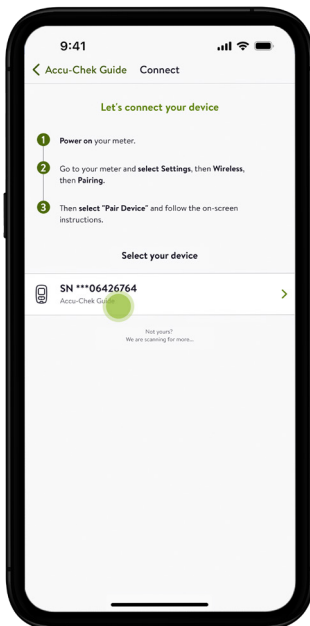
1

Make sure both your phone's and your Accu-Chek meter's bluetooth is turned on. To connect your blood glucose meter, tap the **"Connections"** tab at the bottom right of the screen.



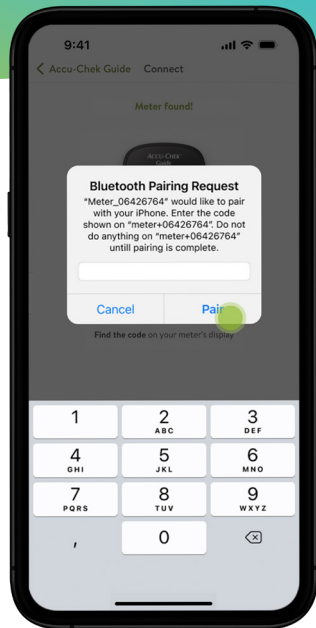
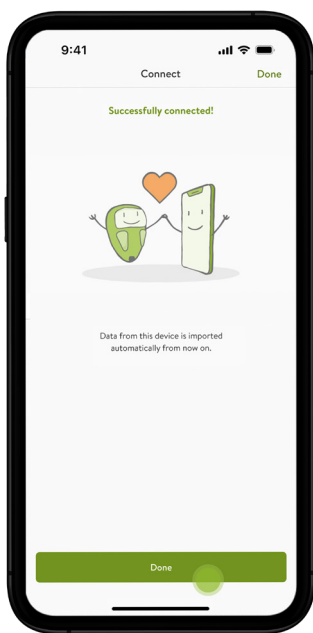
2

Choose the blood glucose meter you want to connect and tap **"Connect"**.



3

Please follow the three steps provided to pair your device.



4

**Next**, you will receive a bluetooth pairing request which requires you to enter the code generated by your meter.

Once you entered the code, tap **“Pair”**.

5

**Congratulations!**

You have successfully connected your meter to the mySugr app.

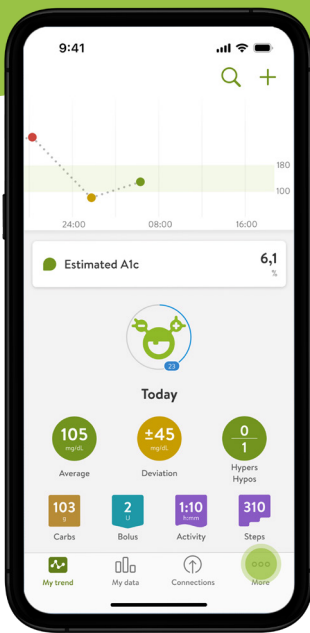
Once you pair your Accu-Chek blood glucose meter with mySugr, the data from your meter will automatically be imported into the app.





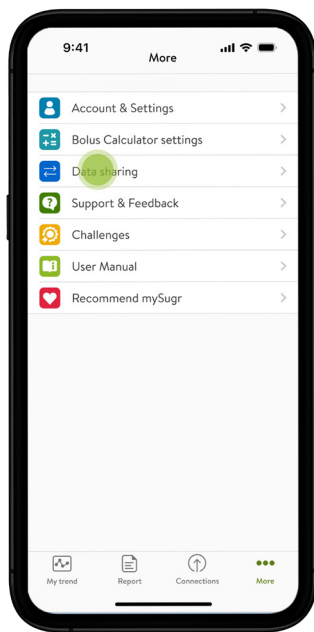


# Share your data with your healthcare professional\*



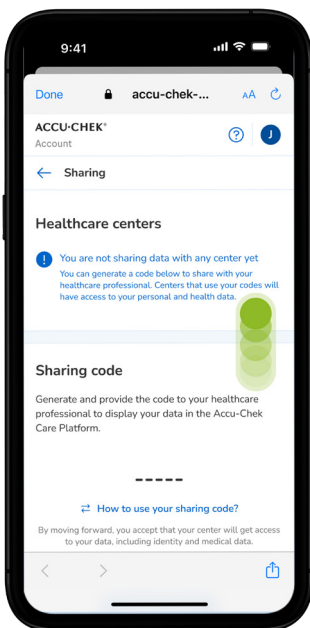
1

To connect with the RocheDiabetes Care Platform, please head to the homescreen in the mySugr app and tap **“More”**.



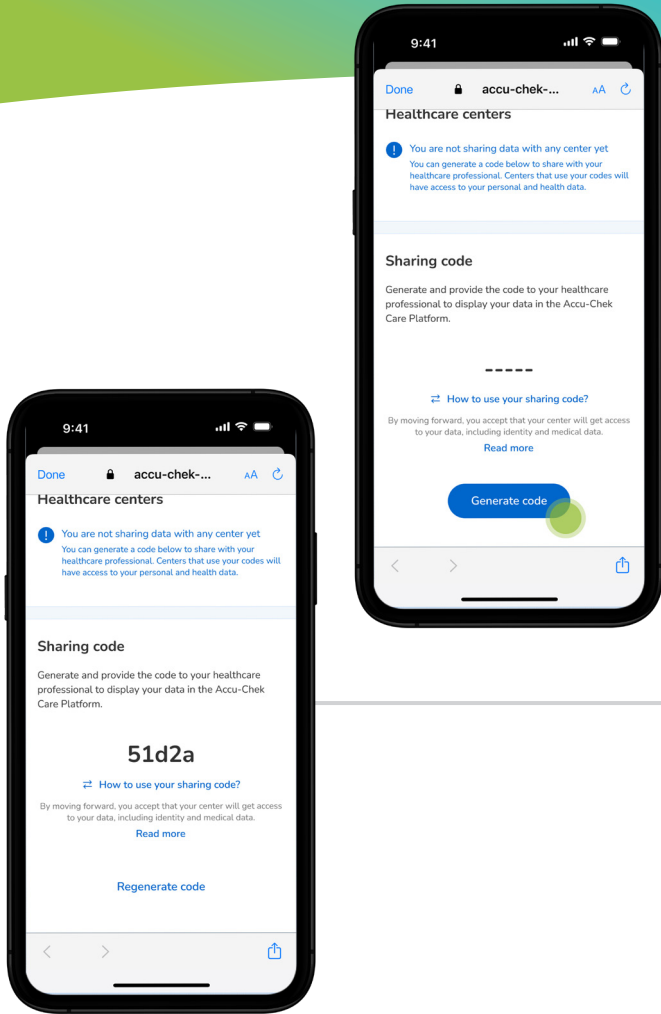
2

Tap **“Data sharing”** to initiate the sharing of your diabetes information.



3

On the sharing tab via your Accu-Chek account, swipe down to go to the sharing code section.



4

Tap on **“Generate Code”**

5

**Once your code has been generated, share the code with your healthcare professional to give them access to your diabetes data.**

\*Please make sure that your healthcare provider is using RocheDiabetes Care Platform to ensure a safe connection. In case your healthcare professional does not have the RocheDiabetes Care Platform, you can still share your PDF report downloaded from your mySugr app. **Please note:** You must be at least 18 years (or such greater age required in your country) to register for the Accu-Chek Account.